

CHAPTER # 02

METHODS OF SOCIAL WORK

Lecture no: 07

In today's lecture we will go through the following points.

- *Principles of case work practice*
- *Social group work*

PRINCIPLES OF CASE WORK PRACTICE

In order to establish successful rapport the case worker should follow the following principles.

1) Acceptance

The case worker while coming in contact with the client should get acceptance from him, because whatsoever the client is not ready to accept the case worker, he may not be able to establish successful relationship, which will automatically sabotage the rehabilitation process. So, acceptance is the first and foremost condition for the case worker to make himself accepted.

2) Avoid biasness

The case worker should not impose his judgement on the client. He should stay unbiased, and try to consume his energies for the better recovery of the socially isolated individual.

3) Control on the emotions

Whatever the client behave the social case worker should remain calm and tolerate. The case worker should encourage the client and ignore his misdeed. He should be always in the attitude to control his anger and emotions, otherwise it may harm his rapport with the client.

4) Participation of the client

The case worker should engage the client to cope with his problem. He should create such conducive atmosphere that may attract the client willingly to share his views. He should encourage him in all his life activities for the rehabilitation.

5) Confidence building

To establish relationship between the case worker and client it is quite necessary to get the confidence of the client. The client should be given assurance of the privacy so that he may consider the case worker as trustworthy and confidential.

SOCIAL GROUP WORK

Not very much different from social case work, in social group work a group worker also try to rehabilitate the individuals who are victim of social isolation. In this method of social work a group worker forms a group of individuals who are having some common problem and of the same age. The group members have the same interest, which usually bind them in a single group. The group worker establish rapport with the group members to train them. The activity is carried out at the leisure time under the supervision of an agency. The group worker nominates one member of the group, who is comparatively educated as a group leader, whose responsibilities is to remain in close contact with the group worker.

Trecher defines social group work in such a way that

"A process and a method through which individual groups in social agency settings are helped by the worker to relate themselves to other people and to experience growth opportunities in accordance with their needs and capacities".

Through social group work activity the group worker tries to boost up the capabilities of those individuals who are socially isolated, feel lonely and frustrated. They are adjusted in the group so that to overcome their loneliness, and bring them back in the social functioning.

The group members share their experiences with one another.

Wilson and Ryland stresses that "In the enabling method, the members are helped to learn new ideas, develop new skills, change their attitude and deepen their personalities through participation in a social process wherein they make decisions and take social action necessary to accomplish the purpose of the group".

In the modern period when the life is too busy. The people are distancing from one another, so, there is dire need of group life, where the people may share their issues, life activities etc. the group life will give them an opportunity of joy, recreation, confidence, counseling and satisfaction etc.

In sociology we always stress upon the group life. It is said a man is a social animal, he can't live without the same animal. His socialization, personality development, ideas sharing, cultural orientation, co-operation etc. is completely dependent upon the collective life experience, so, in this way a social group work is a good approach for any social being especially for those who are socially and psychologically isolated and handicapped to stay integrated with the other members of the society.

THE END