**Course Title: Theories for Social Work**

**Course code: SW-611**

**Credit hours: 03**

**Total marks: 100**

**Course description:**

This course introduces theories and perspectives associated with psychology and sociology that are relevant to social work practice. Its aim is to demonstrate how psychological and sociological theories and concepts can inform and expand our understanding of people’s behavior and circumstances and explores ways in which this knowledge can be applied to social work practice. It also considers applying concepts of culture and diversity as a means of understanding the role played by individuals’ environmental context, including their social systems and supports.

**Learning Outcomes:**

1. Identify possible influences on individual and group behaviors that link with psychological theories.
2. Identify possible influences on individual and group behaviors that link with sociological theories.
3. Demonstrate skills in applying concepts of inequalities and diversity as they apply to people’s behavior and circumstances.
4. Demonstrate awareness of the link between psychosocial concepts and theories and anti-oppressive practice for social workers.
5. Apply psychological and sociological theories and concepts to the assessment of complex situations outlined in case studies.

**Assignments:**

Critically evaluate case studies based on behavioral and psychodynamic theories.

Each group or individual will be assigned a specific case study related to the mentioned course.

**Recommended books and readings:**

1. COGNITIVE\_BEHAVIOUR\_THERAPY\_A\_PRACTIC By [Danny\_Lam]
2. Theories\_for\_direct\_social\_work\_practice By [Joseph\_Walsh]
3. Understanding\_and\_Using\_Theory\_in\_Social work By [Juliette\_Oko]
4. Marx's\_Theory\_of\_Crisis **By** [Simon\_Clarke]